The Need for Extracorporeal Membrane Oxygenation in Adults Undergoing Congenital Heart Surgery: Impact and Trends of Utilization

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Abstract

Introduction: Adults with congenital heart disease (ACHD) represent a population with unique health-care needs. Many patients require cardiac surgery, with some requiring postoperative extracorporeal membrane oxygenation (ECMO). This study aimed to identify the risk factors for the need of postoperative ECMO and characterize the impact of ECMO on admission characteristics. Methods: Data from the 2005–2012 iterations of the Nationwide Inpatient Sample were used. ACHD admissions over 18 years with a documented cardiac surgery were included. Univariate analysis was conducted to compare the characteristics between those requiring ECMO and those who did not. Regression analysis was done to identify the independent risk factors associated with ECMO and to determine the impact of ECMO on length, cost, and mortality of the admission. Results: A total of 186,829 admissions were included. Of these, 446 (0.2%) admissions required ECMO. Those with acute kidney injury, double-outlet right ventricle, or total anomalous pulmonary venous connection were more likely to require ECMO. ECMO was also significantly more utilized in patients undergoing septal defect repair, complete repair of tetralogy of Fallot, atrial switch, and heart transplant. The use of ECMO significantly increased length, cost, and mortality of stay. Overall mortality was 62.6% in the ECMO group. Conclusion: ECMO is only needed in a small proportion of postoperative ACHD patients. The use of ECMO significantly increases cost, length of stay and mortality in these patients. Improved identification of postoperative ACHD patients who are more likely to survive ECMO may facilitate improved survival and decreased resource utilization.

Keywords: Adult congenital heart disease, extracorporeal membrane oxygenation, mechanical support

INTRODUCTION

Patients with congenital heart disease (CHD) are living longer and increasingly surviving into adulthood.[1] Currently, nearly 60% of all CHD patients are adults and recent measurements of the adult CHD (ACHD) patient population range from 1.47 to 3 per thousand.[1‑3] The ACHD patient population is expected to continue growing until 2050.[3] As the ACHD patients age, treatments increasingly require emergency department evaluation, hospitalization, and elective or emergent surgery.[4] ACHD patients who undergo surgery require a disproportionate allocation of resources.[5] Increased resource utilization in the ACHD appears to coincide with an overall increased postoperative morbidity and mortality.[5,6] While many ACHD patients’ conditions require cardiac surgery, only a small percentage of these patients require postoperative extracorporeal membrane oxygenation (ECMO) to support circulation while the heart recovers.[7] There is a paucity of data regarding postoperative ACHD patients and the need for ECMO as well as ECMO survival.[1,8] There are also limited data regarding the risk factors associated with the need for ECMO and quantification of the impact ECMO has on admission length and cost.

We conducted an analysis of the Nationwide Inpatient Sample (NIS), a national administrative discharge database, with a primary aim of identifying risk factors associated with...
ECMO utilization in ACHD patients undergoing cardiac surgery. Secondary aims included assessing trends in utilization of ECMO over an 8-year period and determine the impact of ECMO on admission characteristics.

**Methods**

**Patient identification**

A retrospective cohort study was conducted using the NIS. Data regarding hospital admissions were obtained from the 2005–2012 NIS iterations. Only admissions of patients over 18 years of age with CHD undergoing heart surgery were included. These were identified using ICD-9 diagnosis and procedure codes. Institutional review board approval was waived as the analyses utilized de-identified data from a national database.

CHD was identified using ICD-9 codes: double-outlet right ventricle using 745.11, atroventricular septal defect using 745.60, partial anomalous pulmonary venous connection using 747.42, total anomalous pulmonary venous connection using 747.41, transposition of the great arteries using 745.10, congenitally corrected transposition using 745.12, hypoplastic left heart syndrome using 746.7, atrial septal defect using 745.61, ventricular septal defect using 745.5, pulmonary atresia with ventricular septal defect using 746.01, tricuspid atresia using 746.1, Ebstein’s anomaly using 746.2, truncus arteriosus using 745.0, and coronary artery anomaly using 746.85. Arrhythmias were identified using codes 427.0–427.42 as well as 426.0–426.13. It was not possible to distinguish between those with absence of a spleen or multiple spleens due to the ICD-9 coding strategy.

Cardiac surgery was identified using the following codes: codes 35.10 through 35.14 for valvuloplasty with no valve replacement, 35.20 through 35.28 for valvuloplasty with replacement, codes 35.50 through 35.73 for septal defect repair (including atroventricular septal defect repair), 35.81 for complete repair of tetralogy of Fallot, 35.82 for pulmonary venous repair, 35.83 for complete repair of common arterial trunk, 35.84 for arterial switch operation for transposition, 35.91 for atrial switch operation for transposition, 35.92 for right ventricle to pulmonary artery conduit, 39.22 for Blalock-Taussig shunt, and 37.51 for heart transplant.

ECMO was identified using ICD-9 code 39.65.

**Data identification and collection**

Demographic information including gender and race were collected for each admission. Comorbid conditions and admission characteristics such as admission month, length of stay, and cost of stay were collected and assessed.

**Statistical analysis**

Continuous variables are reported using mean and standard deviation while categorical variables are reported using absolute frequency and percentages. Continuous variables were analyzed using a student t-test or Mann–Whitney U-test as appropriate with categorical variables being analyzed using Chi-square analysis. Baseline characteristics such as age, gender, race, and comorbid conditions were compared between those with and without ECMO.

Next, the proportion of admissions requiring ECMO, length of ECMO admissions, cost of ECMO admissions, and mortality of ECMO admissions was compared by the years from which data were included using an analysis of variance.

Logistic regression was then conducted to determine factors associated with need for ECMO with ECMO as the dependent variable. Next, a logistic regression was done to determine risk factors for inpatient mortality with inpatient mortality as the dependent variable and ECMO included as an independent variable. Linear regression analyses with length of stay and cost of admission as independent variables to determine the effect were then conducted to determine the impact of ECMO on these variables.

All statistical analyses were done using SPSS version 20.0 (IBM, Chicago, IL, USA).

**Results**

**Admission characteristics in those with and without extracorporeal membrane oxygenation (univariate analysis)**

A total of 186,929 admissions with ACHD and a documented cardiac surgery were included in the analysis. Of these, 446 (0.2%) admissions required ECMO. Those requiring ECMO were significantly more likely to be younger (56.1 years vs. 65.6 years, \( P < 0.001 \)) and of male gender (63.5% vs. 58.3%, \( P = 0.029 \)). Racial differences were also present with those requiring ECMO more likely to be African American, Hispanic, or Asian/Pacific Islander (\( P < 0.01 \)). Comorbidities more likely in those with ECMO included heart failure (odds ratio [OR] 2.4, 95% confidence interval [CI] 2.0–2.9, \( P < 0.001 \)) and acute kidney injury (OR 8.9, 95% CI 7.4–10.8, \( P < 0.001 \)) [Table 1].

Length of stay was significantly longer in those with ECMO (23.9 days vs. 11.5 days, \( P < 0.001 \)) as was cost of the admission ($642,410 vs. $174,424, \( P < 0.001 \)). Inpatient mortality was also greater in those with ECMO with a 62.6% mortality in those with ECMO compared to 4.5% in those without (OR 35.1, 95% CI 28.9–42.6, \( P < 0.001 \)) [Table 1].

**Cardiac morphology and surgery in those with and without extracorporeal membrane oxygenation**

The following cardiac malformations were more likely in those with ECMO: double-outlet right ventricle (OR 26.3, 95% CI 8.1–84.8, \( P < 0.001 \)), total anomalous pulmonary venous connection (OR 20.9, 95% CI 2.8–156.5, \( P < 0.001 \)), ventricular septal defect (OR 2.3, 95% CI 1.1–5.7, \( P = 0.049 \)), pulmonary atresia (OR 9.7, 95% CI 1.3–70.9, \( P = 0.006 \)), and congenitally corrected transposition (OR 7.9, 95% CI 1.1–57.3, \( P = 0.015 \)) [Table 1].
The following cardiac surgeries were more likely in those with ECMO: septal defect repair (OR 1.3, 95% CI 1.1–1.7, \( P = 0.044 \)), complete repair of tetralogy of Fallot (OR 12.7, 95% CI 3.1–52.1, \( P < 0.001 \)), atrial switch (OR 7.9, 95% CI 1.9–32.2), and heart transplant (OR 16.4, 95% CI 12.9–20.7) [Table 1].

Trends in extracorporeal membrane oxygenation utilization and burden over the study period
Overall, ECMO was utilized in 0.2% of included admissions. The percentage of admissions in which ECMO was utilized increased significantly across years (0.1% in 2005–0.6% in 2012, \( P < 0.001 \)). Cost of admissions with ECMO also
increased significantly over the study period with mean total charges of $470,491 in 2005 compared to $804,046 in 2012 ($P = 0.001). Inpatient mortality and length of stay did not significantly change over this time period [Table 2].

**Independent risk factors associated with extracorporeal membrane oxygenation (regression analysis)**

The following risk factors were associated with ECMO: acute kidney injury (OR 7.3, 95% CI 5.7–9.3), double-outlet right ventricle (OR 8.0, 95% CI 1.5–42.6), total anomalous pulmonary venous connection (OR 18.0, 95% CI 1.6–203.1), septal defect repair (OR 3.9, 95% CI 2.4–6.1), complete repair of tetralogy of Fallot (OR 19.0, 95% CI 1.7–208.6), atrial switch (OR 14.2, 95% CI 2.2–89.3), heart transplant (OR 10.5, 95% CI 6.6–16.6), and later year in the study period (OR 4.6, 95% CI 2.6–8.0) [Table 3].

**Effect of extracorporeal membrane oxygenation on admission characteristics (regression analysis)**

After multivariate analysis, the use of ECMO was associated with significant increases in the length, cost, and mortality of admissions. ECMO increased the length of admission by 3.2 days, increased the cost of admission by approximately $343,694, and increased inpatient mortality approximately 24-fold [Table 4].

**DISCUSSION**

Our analysis of the NIS database demonstrated that only 0.2% of ACHD patients undergoing cardiac surgery require postoperative ECMO. However, during the study period, we found there to be an overall increasing proportion of ACHD admissions requiring postoperative ECMO with the most recent year having a 0.6% frequency. Particular subsets of patients were more likely to require postoperative ECMO: those with acute kidney injury, double-outlet right ventricle, or total anomalous pulmonary venous connection. Those undergoing septal defect repair, complete repair of tetralogy of Fallot, atrial switch, and heart transplant were also more likely to require postoperative ECMO.

The frequency of postoperative ECMO in our study was lower than that found in a previous study by Acheampong et al. who reported that 1.1% of ACHD patients required postoperative ECMO. Nonetheless, both studies highlight the low frequency of postoperative ECMO in this population.[8,9] Furthermore, our study revealed that the use of ECMO increased the cost of admission by approximately $343,694. Increased cost of admission may be attributed to the need for specialized care as well as increased length of stay required for ACHD patients.[10] Our study demonstrates that the use of ECMO in ACHD patients increased the length of stay by over 3 days. Previous data of the impact of postoperative ECMO in ACHD patients are not available for comparison.

Our study also demonstrated that ACHD patients requiring postoperative ECMO have significantly increased mortality. In our study, only 62.6% of those requiring ECMO experience inpatient mortality. This high rate of mortality may be due to the degree of illness and number of comorbidities present in those who are placed on ECMO. ECMO-related complications are also likely to contribute to this high rate of mortality. It remains unclear at this time what the particular mechanisms of mortality are in those with ACHD requiring postoperative ECMO. A better delineation of these factors will perhaps allow for better prediction of those who have an increased likelihood of surviving to discharge after postoperative ECMO.[8,9]

Our mortality data are similar to that of previous studies. Paden et al. reported a 60% mortality rate in an analysis of Extracorporeal Life Support Organization data from ACHD patients requiring ECMO.[10] In another study examining ACHD patients receiving ECMO after cardiogenic shock, Schmidt et al. reported a mortality of 68%, although it should be noted that this study did not exclusively include operative patients.[8]

The decision to utilize ECMO in ACHD patients is often complicated by their underlying cardiac anatomy and existing comorbidities.[4,6] For patients undergoing elective surgery, it is important to counsel them regarding the possibility, albeit low, of postoperative ECMO. Clinicians should work with patients and their families to determine the patient’s desires in regard to the use of ECMO if the need arises. These efforts could help optimize resource allocation and the overall emotional burden of such admissions.[11]

Clinicians must also use current data to help guide the decision to utilize ECMO. The SAVE score, a novel predictive mortality model, incorporates 13 pre-ECMO variables for patients requiring ECMO after cardiogenic shock. An internal validation of this scoring method resulted in greater hospital survival (67% vs. 42%).[8,10] Such

| Table 2: Trends of extracorporeal membrane oxygenation admissions by year |
|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
|                 | 2005            | 2006            | 2007            | 2008            | 2009            | 2010            | 2011            | 2012            | P               |
| Requiring ECMO  | 19 (0.1)        | 19 (0.1)        | 13 (0.1)        | 44 (0.2)        | 66 (0.2)        | 68 (0.3)        | 83 (0.3)        | 134 (0.6)       | <0.001          |
| ECMO mortality  | 12 (63.2)       | 14 (73.7)       | 7 (53.8)        | 33 (75.0)       | 35 (53.0)       | 46 (67.6)       | 56 (67.5)       | 76 (56.7)       | 0.164           |
| ECMO length of stay (days) | 33.1           | 11.1            | 24.1            | 20.2            | 27.2            | 19.1            | 21.2            | 28.0            | 0.113           |
| ECMO cost of stay | 470,491        | 299,912         | 474,843         | 580,106         | 611,984         | 552,376         | 635,340         | 804,046         | 0.001           |

ECMO: Extracorporeal membrane oxygenation
Increased (OR 23.7, 95% CI 18.5‑30.4)

Trends in utilization of specialty care centers in Impact of ECMO

Increased by 3.2 days;
Increased by $343,694;

Specific congenital heart malformations, cardiac surgeries, and comorbidities are associated with increased need for ECMO. Although needed in <1% of ACHD admissions during which cardiac surgery is required, ECMO is associated with a significant increase in resource utilization and mortality.

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**Conflicts of interest**
There are no conflicts of interest.

**REFERENCES**